

# In loving memory of ...

Jessica Mary Van Dyke (Age 8)



**THE  
COMPASSIONATE  
FRIENDS**  
Southwest Suburbs/Cleveland Chapter

P.O. Box 3696 • Oak Brook, IL 60522 • 1-877-969-0010

[www.compassionatefriends.org](http://www.compassionatefriends.org)

[www.tcf-cle.net](http://www.tcf-cle.net)

**We Need Not Walk Alone, We Are The Compassionate Friends**

Kathy Carr - Founder of Southwest Suburbs Cleveland Chapter

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## August 2010

### WHAT IS COMPASSIONATE FRIENDS?

Compassionate Friends is a self-help organization offering friendship and understanding to bereaved parents. Their purpose is to promote and aid parents in the positive resolution of the grief experienced upon the death of their child, and to foster the physical and emotional health of bereaved parents and siblings.

### August 12, 2010

The monthly meeting (held the second Thursday of each month) will be 7:30pm at Church in the Woods, 11001 Ridgewood Dr., Parma Hts. The theme for the August meeting is "Dreams and Unusual Happenings". The meeting will be facilitated by Amy Van Dyke and Pam van Brakle.

## REMEMBERING OUR CHILDREN

Please take a moment to remember these children and those who love them on their Anniversary. Although they were only here for a short time, the impact they made on their loved ones remains forever.

Alex Michael Baker (Age 10)  
Alyssa Nicole Baker (Age 9)  
Jennifer Carol Baker (Age 0)  
Steven J. Bilecky (Age 19)  
Christopher James Brennan  
(Age 16)  
Michael John Buchko (Age 30)  
Rebecca Anne Dugas (Age 11)  
Tony Lee Higgins (Age 28)  
Mark Adam Kapusta (Age 18)  
Paul Christopher Kirchner (Age  
20)  
Alan F. Klohs (Age 21)

Daniel J. Kortan (Age 29)  
Christopher Kuzma (Age 14)  
Johm Albert Protiva (Age 27)  
Todd Allan Rael (Age 39)  
Lauren Jane Rehker (Age 7)  
Jason Michael Repka (Age 16)  
Jennifer Ann Santora (Age 4)  
Kristina Irene Santora (Age 1)  
Timothy Kenneth Schneider  
(Age 21)  
Frederick M. Tschanz (Age 24)

## LOVE GIFTS

Love gifts are donations that are made to our chapter to support the continuation of the chapter as well as the newsletter. We would like to thank the following people who donated to our Chapter in memory of their loved one(s)

If you would like to make a Love Gift in memory of your child, please make it payable to "The Compassionate Friends" and mail it to chapter treasurer **George Mickol, 2914 Dellwood Dr., Parma, OH 44134.**

- ~ Judy and Bill Luff ~ In loving memory of Steven Michael Luff (Age 19)
- ~ Mike and Joyce McCann/Humel ~ In loving memory of Alexander Humel McCann (Age 17)
- ~ Amy and Ed Van Dyke ~ In loving memory of Jessica Mary Van Dyke (Age 8)
- ~ Len and Sandy Vargo ~ In loving memory of Laura Vargo Rogerson (Age 34) and Matthew Rogerson (age 7)

## FIRST MEETING

May was the first meeting for the following bereaved persons. It is very difficult to attend a first meeting and we applaud them for having the courage to come. We hope we were of help, and that they will return and work through their grief journey with us.

Greg Stein - remembering his beloved brother, Jeremy Stein

Linda Yonkof - remembering her beloved son, Stephen Kanz

**In Loving Memory**



Jessica Mary Van Dyke

May there always be sunshine  
May there always be sunshine.  
May there always be blue skies,  
May there always be children.  
May there always be you.

May there always be stories.  
May there always be music.  
May there always be teachers  
to care for you!

May there always be sunshine.  
May there always be blue skies.  
May there always be children.  
As special as you

## Bracelets

We will once again be offering the Compassionate Friends wristbands for sale. They are blue and white and say "Forever in my Heart" surrounded by two butterflies. The cost will be \$2.00 and they will be offered at the meetings starting in August.



## Introducing Our New Chapter Website!

We are excited to announce the launch of our new chapter website!

[www.tcf-cle.net](http://www.tcf-cle.net)

The site provides:

- A snapshot of our chapter, the services we provide to bereaved parents and how to contact us
- A listing of upcoming chapter meetings and special activities
- Links to the three most recent chapter newsletters for on-line reading
- A link to the Compassionate Friends National Office website
- Links to several other websites which offer help and resource information to bereaved parents and siblings
- A link to our site is now included on the Compassionate Friends National Office website for anyone using the chapter locator feature on the national TCF website

This new site is a wonderful gift to our chapter ... and more importantly, to bereaved parents searching for help on their grief journey ... from chapter member Mike McCann. Mike stepped forward when the chapter Steering Committee decided a new website was a priority, and has donated his time and talent to make it a reality.

Please take time to browse our new website ... it's a wonderful new communication tool for our chapter.  
**THANK YOU, MIKE!**

## Save the Date

Save the date of October 9<sup>th</sup> for a night out social dinner. There will be more information to follow in the September newsletter.

### *Look for me in Rainbows*

Time for me to go now, I won't say goodbye;  
Look for me in rainbows, way up in the sky.  
In the morning sunrise when all the world is new,  
Just look for me and love me, as you know I loved you.

Time for me to leave you, I won't say goodbye;  
Look for me in rainbows, high up in the sky.  
In the evening sunset, when all the world is through,  
Just look for me and love me, and I'll be close to you.

It won't be forever, the day will come and then  
My loving arms will hold you, when we meet again.

Time for us to part now, we won't say goodbye;  
Look for me in rainbows, shining in the sky.  
Every waking moment, and all your whole life through  
Just look for me and love me, as you know I loved you.

Just wish me to be near you,  
And I'll be there with you.

*Music and lyrics: Conn Bernard (1990). Vicki Brow*

### **Four Candles**

The first candle represents our grief.  
The pain of losing you is intense.  
It reminds us of the depth of our love for you.  
This second candle represents our courage.  
To confront our sorrow,  
To comfort each other,  
To change our lives.  
This third candle we light in your memory.  
For the times we laughed,  
The times we cried,  
The times we were angry with each other,  
The silly things you did,  
The caring and joy you gave us.  
This fourth candle we light for our love.  
We light this candle that your light will always shine.  
As we enter this holiday season and share this night of remembrance  
with our family and friends.  
We cherish the special place in our hearts  
that will always be reserved for you.  
We thank you for the gift  
your living brought to each of us.  
We love you.  
We remember you.

**Unknown Author**

### *Funeral Blues*

Stop all the clocks, cut off the telephone,  
Prevent the dog from barking with a juicy bone.  
Silence the pianos and with muffled drum  
Bring out the coffin, let the mourners come.

Let aeroplanes circle moaning overhead  
Scribbling on the sky the message He is Dead,  
Put crêpe bows round the white necks of the public  
doves,  
Let the traffic policemen wear black cotton gloves.

He was my North, my South, my East and West,  
My working week and my Sunday rest,  
My noon, my midnight, my talk, my song,  
I thought that love would last forever: 'I was wrong'

The stars are not wanted now, put out every one;  
Pack up the moon and dismantle the sun;  
Pour away the ocean and sweep up the wood.  
For nothing now can ever come to any good.

*WH Auden*